

RECOMMENDED PACK LIST

On Your Person

Eye Protection

- ANSI-rated eye protection*

Face Protection (17 & under)

- shemagh, mesh mask, balaclava, etc.

Clothing

- hat/cap
- shirt/top*
- pants*
- wool socks
- underwear
- thermal top & bottom (cold weather)
- gloves
- boots/shoes*

Gear

- belt
- holster
- pouches
- joint protection (knee pads)
- respirator

Weapons (300 rounds total BB capacity)

- primary weapon & magazines
- secondary weapon & magazines
- weapon accessories
 - battery
 - air tank with regulator and lock
- foam/rubber melee weapon

Identification

- picture ID
- medical card*

Accessories

- 22-channel radio*
- speaker microphone
- GPS/compass
- wrist watch
- flashlight/headlamp*
- red "dead rag" / "dead light"*
- safety whistle*

Miscellaneous

- notepad & pen
- mobile phone
- electrolyte solution/tabs/gummies

Backpack/Satchel

Spare Eye Protection

- ANSI-rated eye protection

Spare Clothing

- shirt (1x)
- wool socks (1x)
- rain jacket/poncho

Spare Batteries

- radio
- flashlight
- AEG

Water

- 2L water storage*

Miscellaneous

- 550 cord
- tape

Rucksack

Shelter

- sleeping bag*
- sleeping pad
- pillow
- bivy sack/tent*
- 10' x 10' tarp
- bushcraft tools (knife, axe, e-tool, etc.)

Spare Clothing

- shirt (2x)
- wool socks (3x)
- underwear (3x)
- pants (1x)
- sweatshirt/coat
- cold weather gear (hat, gloves, sweater)

Food (must fit in 1-gallon bag)

- MRE, canned goods, trail mix, etc.

Meal Prep

- stove kit
- cup/container
- utensils
- fire-starting kit or lighter

Personal Items

- toiletries (body powder, hand sanitizer)
- bug spray & sunscreen
- body wipes (moist towelettes)
- personal medication & pain relievers
- med kit

Miscellaneous

- repair kit/tools
- ear plugs (for sleeping)
- trash bag

ITALICS = REQUIRED

Safety Channel = Channel 22 = Frequency 462.725